

# 17 HEALTHY RECIPES FOR SALAD HATERS

If you want to LOSE WEIGHT the healthy way, **but you hate salads**, these yummy and proven recipes will make you develop a fat burning metabolism in **less than 3 weeks**.



## LEMON ROASTED SALMON

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## GRILLED CHICKEN VEGGIE BOWLS

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## TOMATO, KALE AND QUINOA SOUP

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## CHIPOTLE SALMON WITH AVOCADOS

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## ASIAN CHICKEN LETTUCE WRAPS

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## SWEET POTATO AND GREENS WRAPS

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## ZUCCHINI NOODLES

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## CHICKEN TORTELLINI SOUP

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## GREEN GODDESS SANDWICHES

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## BROWN RICE TORTILLA QUESADILLA

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## CAULIFLOWER CRUST PIZZA

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## BURRITO BOWLS

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## TOMATO SPINACH CHICKEN SPAGHETTI

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## ROASTED POTATOES & ASPARAGUS

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## BAKED HONEY CILANTRO LIME SALMON

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## ITALIAN SAUSAGE & VEGGIES

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# TO BE CONTINUED...

Read [Healthy Recipes For Salad Heaters](#) for updates, bonuses and kickstart tips.